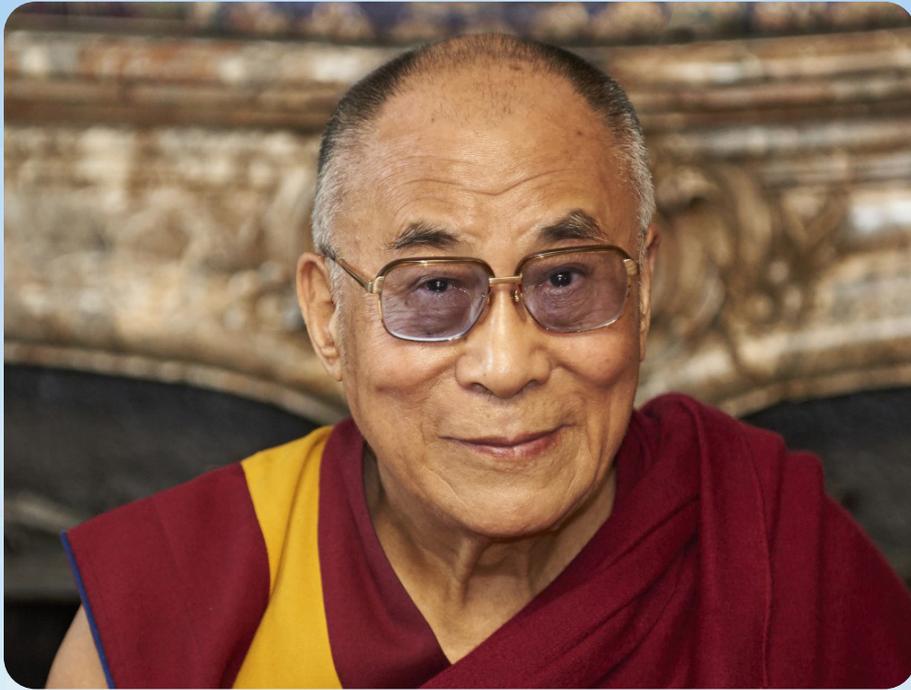




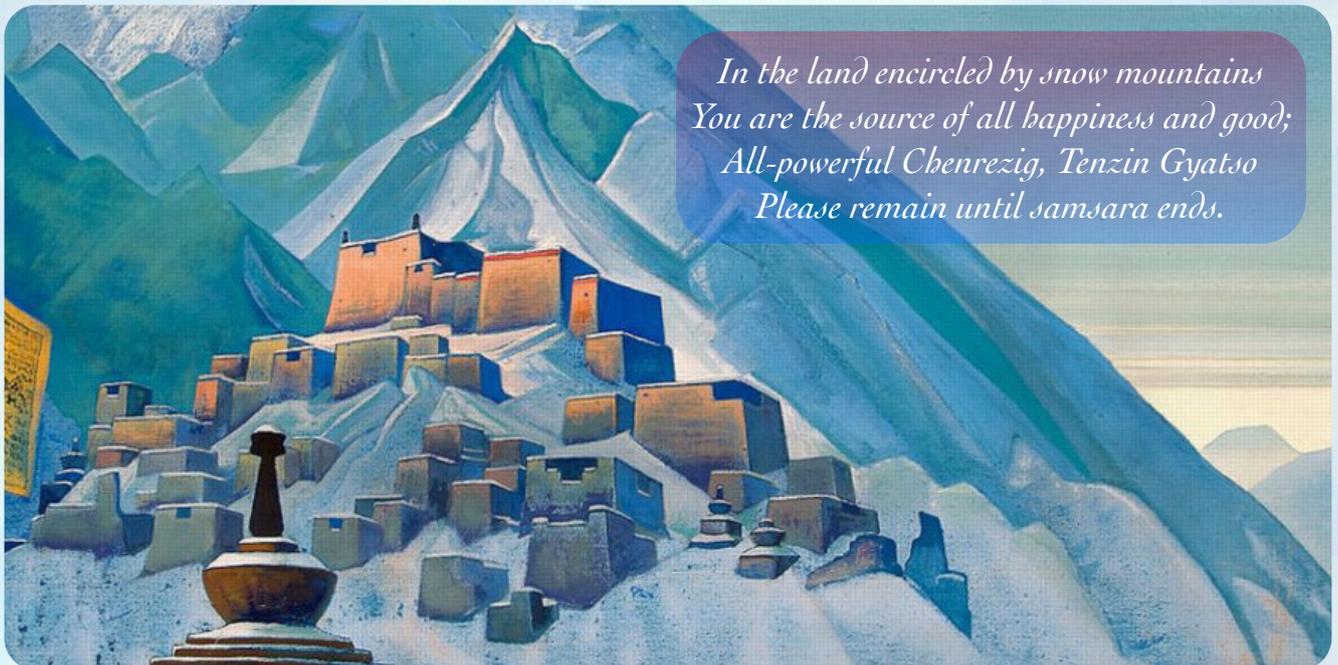
# Chorten

Atisha Centre Newsletter - July 2022

Atisha Centre is a Tibetan Buddhist meditation centre, providing opportunities for study and practice of a spiritual path, where people can develop their natural wisdom and compassion.



*~ Happy Birthday to His Holiness Dalai Lama - 6 July ~  
Please join us for celebrations at 10:00am*



Atisha Centre operates under the direction of Lama Thubten Zopa Rinpoche and is affiliated with the Foundation for the Preservation of the Mahayana Tradition (FPMT), a network of international Buddhist Centres. It is a registered non-profit incorporated association. ABN: 44 568 476 377

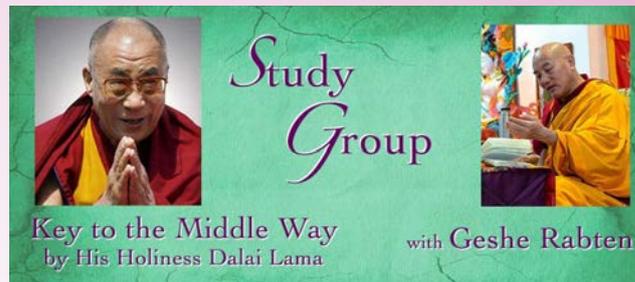


# EVENTS AT ATISHA CENTRE IN JULY



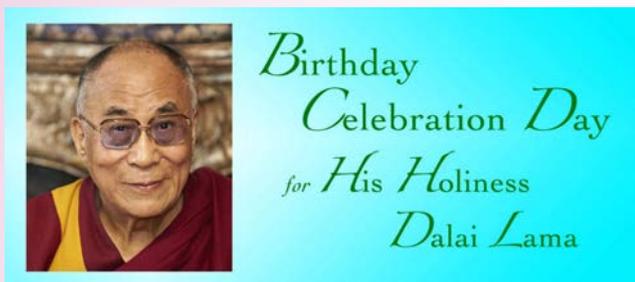
In-depth teachings on the Graduated Path to Enlightenment.  
*Teachings open to all.*

Wednesday: 6:30pm to 8:00pm



Advanced Buddhist studies.  
 Please make sure you book for meals if required.

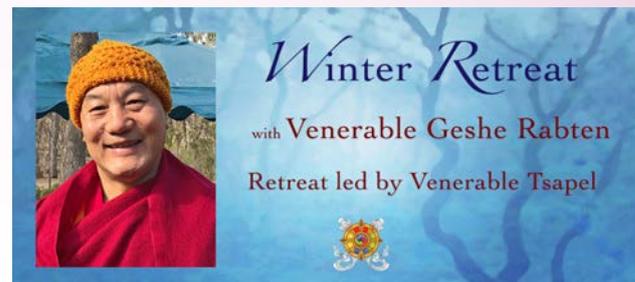
Fridays 7:00pm to 8:30pm and  
 Saturdays 9:00am to 4:00pm:  
 15 and 16 July



Join us to celebrate His Holiness' birthday

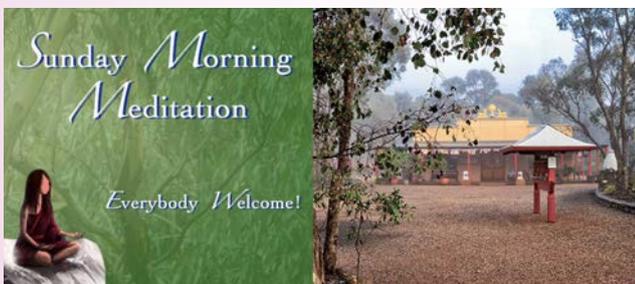
Wednesday: 6 July 10:00am till lunch

Please make sure you book for lunch if required.



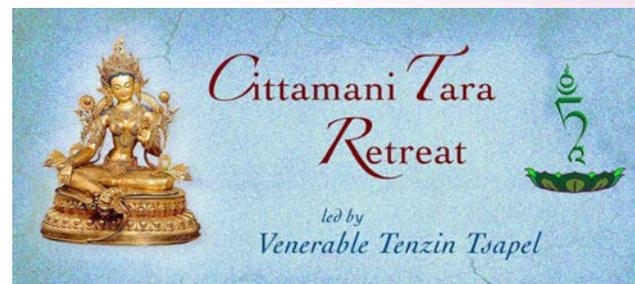
*"An Ornament of Dharma"*

Thursday 7 July to Monday 11 July  
 See website for details



Each Sunday morning, a senior student leads an hour of guided meditation ~ perfect for beginners. An excellent opportunity just to sit with your mind in a peaceful and relaxed atmosphere.

Sundays: 10:00am to 11:00am



*"Cittamani Tara Retreat"*

Thursday 28 July to Saturday 20 August  
 See website for prerequisites and details



Our first, new style "Weekend Retreat", with Venerable Tsapel was very successful and enthusiastically received by all.

This event took place in response to the large feedback from our recent survey, to hold such an event.

*So...please expect more short retreats!*

MON	TUE	WED	THU	FRI	SAT	SUN	
 <div style="border: 1px solid black; padding: 5px; display: inline-block;">                     Always double check our on-line calendar at <a href="http://www.atishacentre.org.au">www.atishacentre.org.au</a> for the most up-to-date info.                 </div>				1	2	3 <span style="background-color: #800000; color: white; padding: 2px;">Meditation 10am</span>	
4	5	<div style="border: 1px solid orange; border-radius: 10px; padding: 2px; display: inline-block; background-color: #FFD700;"> <b>Dalai Lama's Birthday</b> </div> <div style="border: 1px solid red; padding: 2px; display: inline-block; background-color: #FFD700;">                     Teachings with Geshe Rabten 6:30pm - 8:00pm                 </div>	7 <span style="background-color: #008000; color: white; padding: 2px;">Tara Puja 4:30pm</span>	<b>Winter Retreat with Geshe Rabten</b>			10
<b>Winter Retreat</b>		13 <span style="background-color: #000080; color: white; padding: 2px;">Med Buddha 4:30pm</span> <div style="border: 1px solid red; padding: 2px; display: inline-block; background-color: #FFD700;">                     Teachings with Geshe Rabten 6:30pm - 8:00pm                 </div>	14	15 <div style="border: 1px solid red; padding: 2px; display: inline-block; background-color: #008080;"> <b>Study Group</b>                      Geshe Rabten                      Atisha Centre                      7:00pm - 8:30pm                 </div>	16 <div style="border: 1px solid red; padding: 2px; display: inline-block; background-color: #008080;"> <b>Study Group</b>                      Geshe Rabten                      Atisha Centre                      9:00am - 4:00pm                 </div>	17 <span style="background-color: #800000; color: white; padding: 2px;">Meditation 10am</span>	
18	19	20 <div style="border: 1px solid red; padding: 2px; display: inline-block; background-color: #FFD700;">                     Teachings with Geshe Rabten 6:30pm - 8:00pm                 </div>	21	22	23 <span style="background-color: #FFD700; border-radius: 10px; padding: 2px;">Guru Puja 5:30pm</span>	24 <span style="background-color: #800000; color: white; padding: 2px;">Meditation 10am</span>	
25	26	27	28	29	30	31 <span style="background-color: #800000; color: white; padding: 2px;">Meditation 10am</span>	
<b>Cittamani Tara Retreat</b>							



**Wednesday Nights**  
**LAM RIM TEACHINGS**  
 with Geshe Rabten  
 6:30pm to 8:00pm  
 Atisha Centre Gompa  
*"Lama Chöpa"*

*A copy of the course text is available during the classes.*

Geshe Rabten, our resident teacher, presents excellent, in-depth teachings on the "Graduated Path to Enlightenment".

Currently, Genla is teaching on the Guru Puja practices from the text composed by the 1st Panchen Rinpoche, Lobsang Chökyi Gyaltsen.



## COMING UP NEXT MONTH

Most of August will be taken up with the Cittamani Tara Retreat, which is largely a closed event.

However, "Sunday Meditation" will continue in the Monastery gompa, and towards the end of August "Wednesday Night Teachings" will resume, also in the Monastery gompa



## PUJAS AT THE CENTRE

Everyone is welcome to attend these group practices held in the Centre's gompa (meditation hall). If you know of anyone who has intense suffering, has a life-threatening illness, or has recently died, you can give details to Atisha Centre Office and a dedication will be made.



You may also sponsor a puja for someone who is unwell by making a donation.

Please confirm dates and times online before coming to any pujas.

# CHORTEN is the newsletter of ATISHA CENTRE

## TEACHINGS AND PUBLICATIONS

All of Geshe Rabten's teachings are recorded. If you are unable to attend a session or would like to rehear the teachings, the audios can be accessed online at:

[www.atishacentre.org.au](http://www.atishacentre.org.au) (click "Publications")

...or you can contact the Spiritual Programme

Coordinator on: [spc@atishacentre.org.au](mailto:spc@atishacentre.org.au)

Our current courses of teachings: Study Group's "Key to the Middle Way" and Wednesday Night Teachings "Lama Chöpa - Teachings on Guru Puja" are now available for viewing on our YouTube page.

Please go to our "Publications" page at:

[atishacentre.org.au/publications\\_date](http://atishacentre.org.au/publications_date)

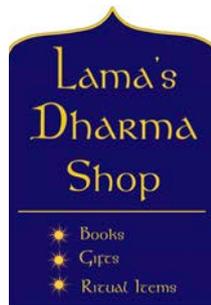
Also available are teachings and meditations from other teachers.

## Members WANTED!

If you are not already a member of Atisha Centre, please consider joining. Membership supports the Centre, helping preserve the Dharma.

[membership@atishacentre.org.au](mailto:membership@atishacentre.org.au)

## "LAMA'S DHARMA SHOP"



### Shop opening times:

Wednesday to Sunday:  
11:00am - 4:00pm

Online shop:

[shop.atishacentre.org.au](http://shop.atishacentre.org.au)

### Please note:

"Wishfulfilling Cafe" will be temporarily closed until we can find a new Kitchen-Café Manager and Barista.

## KADAMPA STUPA

This project is well-under way. We hope to finish the stupa this Spring.

If you would like to donate and be a part of this project, please go here:

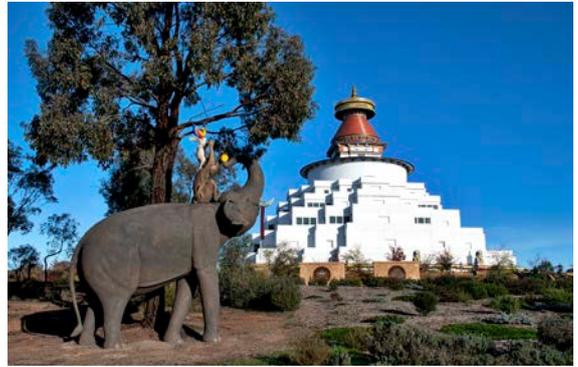
[atishacentre.org.au/kadampa-stupa-project](http://atishacentre.org.au/kadampa-stupa-project)

Wonderful opportunity to make merit.



Artist's impression

## WANTED - TOUR GUIDE AT GREAT STUPA



The Great Stupa of Universal Compassion seeks a tour guide to join their team to work inside the stupa. The position would suit a sangha member or lay person with a solid Buddhist background.

A tour guide at the stupa needs to be people-friendly, and a good communicator who is able to relate to people from highly varied backgrounds.

The Great Stupa aims to inspire all who visit to follow a more peaceful and spiritual path.

Please forward your cover letter and resumé to the Visitor Experience Manager at: [tours@stupa.org.au](mailto:tours@stupa.org.au)

## OFFICE ADMINISTRATION / ASST SPC

Atisha Centre is currently looking for a person with experience in office admin skills to jobshare with our Office Manager.

The required times are Wednesdays and Fridays 12:00pm to 4:00pm. Computer skills are required including a knowledge of Microsoft Excel.

We are also creating a new role of **Assistant SPC**.

If you are a Dharma practitioner and would like to find out about this opportunity, please contact the Director.

For enquiries and more details about either of these positions, please email: [director@atishacentre.org.au](mailto:director@atishacentre.org.au) or telephone the Office on 5446 3336.

## MAKING DONATIONS TO THE CENTRE

Atisha Centre is a not-for-profit organisation committed to providing the opportunity for anyone to contact and benefit from the teachings of the Buddha. Staffed mainly by volunteers we are reliant upon the generosity of membership contributions and donations.

If you would like to donate to the "Geshe and Translator Fund", "Holy Objects Fund" or to the "Atisha Centre - General Fund", please go here:

[atishacentre.org.au/donate](http://atishacentre.org.au/donate)



[www.atishacentre.org.au](http://www.atishacentre.org.au)

Phone: 03 5446 3336. Address: PO Box 97, Eaglehawk, Victoria, 3556. 25 Sandhurst Town Road. Atisha Centre is located just 15 minutes from the heart of Bendigo. Follow the Loddon Highway through Eaglehawk and turn left at the Allies Hotel - Allies Road. Turn right into Sandhurst Town Road.